



Limiettijden G-zwemmers Flanders Swimming Cup 2025

		S1	S2	S3	S4	S 5	S6	S 7	S8	S9	S10	S11	S12	S13	S14
50M FREESTYLE	MEN			00:55,91	00:46,04	00:39,56	00:37,64	00:34,15	00:33,27	00:30,47	00:29,20	00:31,58	00:29,71	00:29,20	
	WOMEN			01:12,57	00:51,25	00:51,73	00:42,43	00:41,19	00:37,41	00:35,43	00:33,88	00:36,49	00:34,26	00:33,60	
100M FREESTYLE	MEN			02:12,25	01:39,57	01:28,51	01:19,85	01:16,94	01:11,40	01:08,57	01:04,50	01:10,76	01:05,10	01:04,45	
	WOMEN			02:36,47	01:57,75	01:40,94	01:29,86	01:26,95	01:24,16	01:16,71	01:13,36	01:21,81	01:14,80	01:13,21	
200M FREESTYLE	MEN	06:51,57	05:35,19	04:23,30	03:35,03	03:12,93									02:19,59
	WOMEN		06:55,82	05:41,64	04:44,38	03:35,92									02:35,91
400M FREESTYLE	MEN						06:14,64	05:56,10	05:26,77	05:11,47	05:21,42	05:32,40		05:11,17	
	WOMEN						06:41,32	06:28,98	06:03,51	05:46,21	05:42,33	06:22,32		05:46,79	
50M BACKSTROKE	MEN	01:29,35	01:15,62	00:59,67	00:54,25	00:43,50									
	WOMEN		01:26,77	01:18,56	01:05,32	00:51,97									
100M BACKSTROKE	MEN	03:39,07	02:43,66				01:31,58	01:27,66	01:22,05	01:15,98	01:14,30	01:22,12	01:16,51	01:12,40	01:12,41
	WOMEN	04:01,66	03:09,08				01:43,57	01:48,58	01:37,02	01:26,73	01:23,35	01:33,64	01:28,59	01:23,37	01:22,65
50M BUTTERFLY	MEN					00:42,33	00:39,01	00:35,94							
	WOMEN					00:55,40	00:45,20	00:44,07							
100M BUTTERFLY	MEN								01:17,83	01:13,50	01:10,84	01:17,83	01:09,99	01:09,15	01:08,85
	WOMEN								01:29,25	01:23,20	01:21,43	01:35,47	01:26,95	01:19,60	01:20,02
		SB2	SB3	SB4	SB5	SB6	SB7	SB8	SB9	SB11	SB12	SB13	SB14		
50M BREASTSTROKE	MEN	01:20,06	01:01,45												
	WOMEN	02:06,28	01:13,43												
100M BREASTSTROKE	MEN			02:05,90	01:54,06	01:40,58	01:45,43	01:25,93	01:24,04	01:32,91	01:23,51	01:22,21	01:21,08		
	WOMEN			02:21,62	02:15,67	02:00,07	01:58,97	01:42,87	01:35,53	01:44,40	01:38,47	01:35,65	01:33,34		
		SM5	SM6	SM7	SM8	SM9	SM10	SM11	SM13	SM14					
200M MEDLEY	MEN	04:02,72	03,16,12	03:06,80	02:59,14	02:47,97	02:44,09	03:04,21	02:40,91	02:37,98					
	WOMEN	04:28,06	03:46,02	03:39,79	03:23,93	03:11,25	03:04,49	03:22,73	03:02,31	02:57,75					

^{*}bij vragen contacteer greg.planckaert@gsportvlaanderen.be