



## **46<sup>th</sup> Journée des Jeunes Espoirs (JJE)**

19<sup>th</sup> and 20<sup>th</sup> October 2024

Please find hereafter the rules and regulations as well as the program. Please refer also to our website [www.scde.lu](http://www.scde.lu).

### **RULES and REGULATIONS of the 46<sup>th</sup> Journée des Jeunes Espoirs**

1. The 46<sup>th</sup> Journée des Jeunes Espoirs is organized by the Swimming Club Le Dauphin Ettelbruck and will be held under the rules of World Aquatics (AQUA) and the Luxembourg Swimming Federation (FLNS).
2. Any swimmer who is member of a team or National Federation, registered with AQUA, may participate. However, an athlete may only swim for one club.
3. The competition will take place at the pool of the Lycée Technique Ettelbruck. The address is 71, Avenue Lucien Salenty, 9080 Ettelbruck, Luxembourg.  
The pool is 25m long and has 5 lanes, SWISS TIMING electronic time keeping system, Omega OSB11 starting blocks with backstroke ledges and an electronic scoreboard. Live results of the competition will be published on the internet ([www.scde.lu](http://www.scde.lu)).
4. The age categories per year of birth (YOB) are:

KIDS:	2016 & younger
YOUNGSTERS:	2012, 2013, 2014 and 2015
TEENAGERS:	2010-2011
OLDIES:	2009 & older
5. Entry-forms should be sent no later than Friday 11<sup>th</sup> October 2024 by email in LENEX file (available on [www.scde.lu](http://www.scde.lu)) to the attention of:  
[mireillezimmer.scde@gmail.com](mailto:mireillezimmer.scde@gmail.com) and [max@beckers.lu](mailto:max@beckers.lu)
6. The entry-fees are 5€ per event. There will be no refunds for absent swimmers. No replacements or additions will be accepted after the entry deadline.



Entry-fees must be paid by Friday, 11<sup>th</sup> October 2024 to the following bank account:

Swimming Club le Dauphin Ettelbruck

IBAN LU08 1111 0521 2233 0000 (Bank Code: CCPLLULL)

Reference: JJE 2024 & name of your Club.

## 7. Prizes

- KIDS medal for each participant.
- YOUNGSTERS medal for the first 3 swimmers (per YOB) of each event
- TEENAGERS medal for the first 3 swimmers of each event
- OLDIES money prize for the 5 swimmers (women & men separated) having the most points:

1st: 50€, 2nd: 40€, 3rd: 30€, 4th: 20€, 5th: 10€.

In each event, points are allocated to the first 5 swimmers (1st: 10 pts, 2nd: 8 pts, 3rd: 6 pts; 4th: 5 pts; 5th: 4 pts). The total number of points collected by a swimmer across all his races will be taken into account. In the case that two or more swimmers have the same number of points, individual placing will be considered.

To obtain medals or money prizes, swimmers must be present at the victory ceremonies.

8. Each club is requested to bring officials to ensure that the competition can take place.
9. If necessary, the SCDE may modify the time-schedule, cancel any scheduled breaks and ask clubs to reduce the number of entries should the meeting be oversubscribed. Information about possible changes will be provided in due time.
10. SCDE receives the right to swim on Saturday the 100m and 200m freestyle events with 2 swimmers per lane and on Sunday the 200m and 400m freestyle events with 2 swimmers per lane if the total number of entries require this to allow everybody to compete.
11. Lunch for Saturday and Sunday can be ordered for 13€ and includes pasta, salad, fruit and a drink. Please order lunch by Friday 11<sup>th</sup> October 2024.
12. The competition will be covered by photographers and cameras. By registering you allow SCDE to cover the event and publish material on their website, YouTube and/or other social media.
13. The Swimming Club Le Dauphin Ettelbruck denies all responsibility for theft, accidents or damage of any kind.

Swimming Club Le Dauphin Ettelbruck





## 46<sup>th</sup> Journée des Jeunes Espoirs

Saturday & Sunday, 19<sup>th</sup> & 20<sup>th</sup> October 2024 in Ettelbruck

Saturday session 1: <b>KIDS &amp; YOUNGSTERS</b>						
Warm up: 8h30 - 9h50						
Start of session: 10h00						
		2012	2013	2014	2015	2016 & younger
01	200 m Freestyle W	X	X	X	X	
02	200 m Freestyle M	X	X	X	X	
03	100 m Freestyle W	X	X	X	X	
04	100 m Freestyle M	X	X	X	X	
05	50 m Backstroke W & M					X
06	50 m Backstroke W	X	X	X	X	
07	50 m Backstroke M	X	X	X	X	
08	200 m Breaststroke W	X	X	X	X	
09	200 m Breaststroke M	X	X	X	X	
10	100 m Breaststroke W	X	X	X	X	
11	100 m Breaststroke M	X	X	X	X	
12	50 m Breaststroke W & M					X
13	100 m Butterfly W	X	X	X	X	
14	100 m Butterfly M	X	X	X	X	
15	50 m Butterfly W	X	X	X	X	
16	50 m Butterfly M	X	X	X	X	
17	50 m Freestyle W & M					X

After event 17: Lunch break & medal ceremonies KIDS & YOUNGSTERS

Saturday session 2: <b>YOUNGSTERS</b>						
Warm-up starts 30 min after end of session 1						
Start of session: 1h30 after end of session 1						
		2012	2013	2014	2015	
18	50 m Breaststroke W	X	X	X	X	
19	50 m Breaststroke M	X	X	X	X	
20	200 m Backstroke W	X	X	X	X	
21	200 m Backstroke M	X	X	X	X	
22	100 m Backstroke W	X	X	X	X	
23	100 m Backstroke M	X	X	X	X	
24	50 m Freestyle W	X	X	X	X	
25	50 m Freestyle M	X	X	X	X	
26	200 m Ind Medley W	X	X	X	X	
27	200 m Ind Medley M	X	X	X	X	
28	100 m Ind Medley W	X	X	X	X	
29	100 m Ind Medley M	X	X	X	X	

After event 29: Medal ceremonies YOUNGSTERS



<b>Sunday session 3: TEENAGERS &amp; OLDIES</b>			
Warm up: 8h30 – 9h50			
Start of session: 10h00			
		2010-2011	2009 & older
30	100 m Freestyle W	X	X
31	100 m Freestyle M	X	X
32	200 m Ind Medley W	X	X
33	200 m Ind Medley M	X	X
34	100 m Backstroke W	X	X
35	100 m Backstroke M	X	X
36	200 m Breaststroke W	X	X
37	200 m Breaststroke M	X	X
38	100 m Butterfly W	X	X
39	100 m Butterfly M	X	X
40	400 m Ind Medley W	X	X
41	400 m Ind Medley M	X	X
42	400 m Freestyle W	X	X
43	400 m Freestyle M	X	X

After event 43: Lunch break & medal ceremonies TEENAGERS

<b>Sunday session 4: TEENAGERS &amp; OLDIES</b>			
Warm-up starts 30 min after end of session 3			
Start of session: 1h30 after end of session 3			
		2010-2011	2009 & older
44	200 m Freestyle W	X	X
45	200 m Freestyle M	X	X
46	100 m Breaststroke W	X	X
47	100 m Breaststroke M	X	X
48	200 m Butterfly W	X	X
49	200 m Butterfly M	X	X
50	100 m Ind Medley W	X	X
51	100 m Ind Medley M	X	X
52	200 m Backstroke W	X	X
53	200 m Backstroke M	X	X
54	50 m Freestyle W	X	X
55	50 m Freestyle M	X	X
56	4 x 50 m Freestyle W	OPEN	
57	4 x 50 m Freestyle M	OPEN	

After event 57: Medal ceremonies TEENAGERS & prize ceremonies OLDIES



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